



YI Hollywood - Ft. Lauderdale

Parshat Mattot-Massei
Candle Lighting: 7:58 PM | Havdalah: 8:55 PM

FRIDAY NIGHT

MINCHA/MAARIV:

- **Beit Midrash (Mincha)** - 3:00 PM
- **Sanctuary** - 7:00 PM
- **Sephardic (5950)** - 7:00 PM
- **Candle Lighting:** Earliest: 6:51 PM
Zman: 7:58 PM

Kabbalat Shabbat with Rabbi Soshtain in the Beit Midrash:

- 6:30 PM - Lite Bites & Drinks
- 6:50 PM - Mincha, followed by Kabbalat Shabbat and a D'var Torah.
- **Beit Midrash:** 8:05 PM
- **Shkiah** (Sunset): 8:16 PM

SHABBAT DAY

SHACHARIT:

- **Hashkama** (Sanctuary) - 7:00 AM
Followed by Kiddush in the Tent
- **Library** - 8:00 AM
Followed by Kiddush in the Tent
- **Beit Midrash** - 8:45 AM
Followed by Kiddush in the Beit Midrash
- **Sephardic (5950)** - 9:00 AM
Followed by a Kiddush in the Tent
- **Sanctuary** - 9:00 AM
Followed by a Kiddush in the Tent
Pre-Davening Shiur at 9:00 AM in the Social Hall with **Rabbi Joe Soshtain**
- **Social Hall** - 9:15 AM
Followed by a Kiddush in the Tent
- **Latest Kriat Shema:** 10:01 AM

YOUNG ISRAEL OF HOLLYWOOD-Ft. LAUDERDALE

DR. MARC AGRONIN

LUNCH & LEARN



Boosting Cognition and Preventing Dementia through Brain Health

**WEDNESDAY
JULY 15, 12:30PM
SOCIAL HALL**

Dr. Marc E. Agronin, M.D. is the Chief Medical Officer for MIND Institute at Miami Jewish Health, summa cum laude graduate of Harvard University and the Yale School of Medicine, is a board-certified adult and geriatric psychiatrist and the author of the acclaimed *How We Age*. Since 1999, he has served as the director of mental health services, clinical research, and the outpatient memory center at Miami Jewish Health. He has published essays in the *New York Times* and *Scientific American Mind* and writes regularly on aging and retirement issues for the *Wall Street Journal*.

SHABBAT AFTERNOON

- **Early Mincha** - 2:30 PM (Beit Midrash)
- **Shiurim:**
 - Daf Yomi (Hebrew) with Eli Avisar - 5:50 PM (Beit Midrash)
 - Gemara Baba Metsia (Hebrew) with Eli Avisar - 6:35 PM (Beit Midrash)
- **Shiur with Rabbi Claman** - 7:05 PM "Does Flattery Get You Everywhere or Nowhere? A Halachic Analysis" in the Sanctuary
- **Mincha** - 7:50 PM
Followed by Seuda Shlishit in the Social Hall
- **Sephardic Mincha (5950)** - 7:50 PM
Followed by a Shiur with Rabbi Berdugo on "Contemporary Halachic Responsa"
- Parsha class w/ Rabbi Yossi Jankovits after Mincha (Beit Midrash)
- Shiur with Rabbi Jonathan Hirsch after Mincha (Beit Midrash)
- Maariv - 8:50 PM
- Havdalah: 8:55 PM

THANK YOU TO OUR SPONSORS:

Kabbalat Shabbat:

Eli & Talia Litwin in honor of the aliyah of Eli's parents and family as they realize their lifelong dream of making Israel their home. *May Hashem bless them as they start a new chapter in Eretz Yisrael.*

7:00 AM Kiddush:

Anonymous in honor of Rabbi Jankovits, Rabbi Salid, Rabbi Sprung, Dr. Reiss, and all magidei shiur and lomdei daf yomi

With gratitude to our 5786 Shabbat Sponsors for sponsoring unsponsored Kiddushim and Seudot Shlishit

Mazal Tov:

- **Dina & Daniel Turk** on the birth of their son Elisha Shai! Mazal tov to big siblings Tzofia, Gavriel, and Maayan.
- **Raisy & Suchie Gittler** and the entire Gittler family on the birth of their grandson, born to Josh and Daniella Gittler.

Condolences:

- **Judy (& Matthew) Clark** on the passing of her beloved brother, Rabbi Yoel Sperka z"l
- **Debra (& Jacob) Vago** on the passing of her beloved father, Stanley Glucksman z"l

Refuah Shleimah

Cholim:

Ilan Amitai ben Talia Michal. Refael Chaim Mayer ben Sima Chasha. Yitzchak Gershon ben Rachel (Karen Deutsch's father). Yitzchak Chizkeya ben Rachel (Karen Deutsch's uncle). Leib ben Meshusha. Moshe ben Eleanor. Refael Moshe Elimelech ben Basha. Moshe Chaim ben Raizel. Shlomo Yacov ben Adah. Yechiel Dovid Halevi ben Chaya Ita Esther. Tzvi ben Chana. Mordechai ben Bayla. Simcha Baruch Hakohen ben Itka. Shmuel Binyamin ben Malka. Yitzchak Shlomo ben Gotten. Shmuel Natan ben Chaya Esther. Beryl ben Rishka. Mordechai Menachem ben Golda Chaya. Michael Aryeh ben Hinda. Yehuda ben Leah Rachel. Amram Shlomo Menachem ben Simcha (Carol Carmel's grandson). Yehuda Yeshayahu ben Miriam (Grandson of Norman & Sandy Goldglantz). Shlomo ben Esther (Salomon Galimidi). Zvi ben Golda. Avraham ben Leah. Dovid Efraim ben Dvorah. Aharon ben Miriam. Chaim Dovid ben Rivka. Ariel Etan Shalom ben Abigail Chaya. Tzvi ben Tzipka. Shmuel Avraham ben Masha Brana

Cholot:

Devorah bas Shaina Baila. Devorah Rivka bas Henna. Basha Hinda bas Hodes (Beth-ann Gan). Shoshana Devorah bas Bina Shlomit. Bracha Ahuva bas Chaya Esther (Bracha Einhorn wife of Stuart Einhorn). Sivan Shulamit bas Carmela. Leah Shayna bas Sara. Avigail bas Laura. Heleni Orna bas Chen Chana. Ariela bas Flora. Esther bas Brindel. Chana Malka bas Yetta. Luba bas Henya. Elana Chaya bas Serach. Chloe Dina bas Ilana. Bracha Chana bas Sheindel. Rachel Mashe bas Leah Ruama. Nava bas Chaya Rivka (Nava Seewald). Many bat Tzirel. Orif Henya bas Ruth. Aidel Nechama bat Batsheva. Nesya Tikva bat Esther Rivka Moriah. Leah bat Chana. Fruma Miriam bat Tziporah


To add or to remove a name, please email announcements@yih.org









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Shabbat Almanac

Shabbat, Torah Highlights:

Torah: Numbers 30:2 - 36:13
Haftarah: Jeremiah 2:4-28;
Jeremiah 4:1-2
Nach Yomi: Yeshayahu 3
Daf Yomi: Chulin 72
Mishna Yomi: Kelim 17:6-7

Shul Info

Young Israel of Hollywood-Ft. Lauderdale
3291 Stirling Road, Ft. Lauderdale, FL 33312

www.yih.org |
Facebook.com/YIHollywood
(954) 966-7877

Our Leadership:

Rabbi Yosef Weinstock

Senior Rabbi

Rabbi Edward Davis

Rabbi Emeritus

Rabbi David Claman

Assistant Rabbi

Rabbi Joseph Soshtain

Rabbi Yitzhak Berdugo

Sephardic Minyan Rabbi

Rabbi Yossi Jankovits

YIH Torah Center Rabbi

Rabbi Jeremy & Melissa Litton

Youth Directors

Shira Claman

Director of Member Engagement

Chani Soshtain

Women's Engagement

Melissa Leonard

Director of Development

Reva Homnick

Executive Director

Stephen Clements

Chief Operating Officer

Ari Pearl

President

Stay in the loop with daily schedules, events, and community news – anytime, anywhere.

Join Our WhatsApp Community Groups

Scan the QR code to get updates on:

- Minyan schedule changes, Youth programs, Events and reminders
- No typing needed – just scan the code with your phone's camera!



OUR IDF

LONE SOLDIERS :

Zev Goldberg, Ephraim Noach ben Chaya Sarah Gita, Aharon Feinerman - Aharon Shmuel ben Henya Raizel, Michal Amar, Josh Eichner, Lily Blaine, Aryeh Gavriel (Ohayon) ben Rivka Esther, Abby Eichner, Aharon Moshe (Galitzer) ben Yaffa Shifra, Kira Friedman



Thank you, Last week's leiners:

Benjamin Richman,
Yitz Tuchman,
Shlomo Schwartz,
Aron Burger

Thank You



Rabbi Weinstock's Message:

NEDARIM AND AHA! MOMENTS

One of the great mysteries of human growth is why some moments change us forever while others disappear almost as quickly as they arrive.

Scientists have long been fascinated by what they call the "aha!" moment—that sudden flash of insight when something clicks into place. Recent research suggests that these breakthroughs are not random. They are more likely to occur when we step away from a problem, change our environment, encounter new people, or find ourselves in settings where we feel safe, relaxed, and open to new ideas.

In other words, breakthrough moments do not happen only because of what we think. They also happen because of the environments we create.

As I read about this research, I could not help but think of an idea attributed to the Chiddushei HaRim. He explained that the purpose of a neder, taught in Parshat Matot, is to take a moment of inspiration and ensure that it remains potent and finds expression in action. A person experiences a spiritual awakening, a desire to improve, and a commitment to grow. The challenge is that inspiration fades. A neder takes a fleeting feeling and translates it into lasting impact. The laws of nedarim teach us that the goal is not merely to be inspired, it is to capture that inspiration before it disappears. Perhaps that is why Judaism places great emphasis on community, sacred time, and sacred spaces. We often assume that growth comes from hearing the right idea. Certainly, that matters. But growth also depends on creating the conditions in which those transformative moments can occur. Sometimes an "aha!" moment happens during a shiur. Maybe while participating in a chesed project.

Or maybe you feel it at a Seuda Shlishit or Kabbalat Shabbat at shul. Suddenly, something clicks. A new appreciation. A deeper understanding. A fresh perspective. Or a clearer vision of the person we want to become. Those moments are precious gifts. But they are also fragile. Those moments need to be validated, nurtured, and concretized. When we speak about growth, we are not simply talking about offering more programs. We are trying to create what I would call a "matrix of growth"—multiple pathways through which people can encounter meaningful Jewish experiences and, hopefully, those life-changing "aha!" moments. Each creates another opportunity for a spark of inspiration. But that is only the first step. The next step is helping people leverage those moments into something lasting. If someone discovers a passion for learning, how do we connect them to ongoing Torah study? If someone is inspired by a chesed opportunity, how do we help them make chesed part of their life? If someone experiences a deeper connection to tefillah, how do we help them continue that journey? Inspiration is the spark. Growth is what happens when we build something from that spark. A neder is not all there is to inspiration. There must also be a follow-up decision to ensure that the fleeting moment becomes a lasting reality. The most important question is not whether we will experience moments of inspiration. Surely we all do. The real question is what we do next. Will we transform an "Aha!" moment into a life of continued growth?

Office Hours – Summer Schedule:

July 6 – August 14

Monday–Thursday: 9:30 AM–4:00 PM

Friday: 9:30 AM–1:00 PM



Rabbi Weinstock will be in Israel until July 16. During this time, for halachic or rabbinic matters, please contact Rabbi Soshtain or Rabbi Claman. For administrative questions or assistance, please contact Simi: simi@yih.org or call 954-966-7877



WEEKLY TORAH CLASSES

Join us for inspiring shiurim, chavrutot, and learning programs throughout the week!

SUNDAY

- 7:30 AM — Beit Midrash Learning w/ Rabbi Yossi Jankovits: Gemara Sanhedrin, Chumash/Rashi, Mishna Berurah, Duties of the Heart
- 8:00 AM — Gemara Class w/ Dr. Eli Avisar (Chapel) in English

MONDAY

- 8:00 PM — The Preserve: Maharal Class (biweekly) w/ Rabbi Soshtain
- 8:30 PM — Hollywood Oaks: Lomdus on the Parsha (biweekly) w/ Rabbi Soshtain
- 8:30 PM — Sefer Shemot w/ Tobi Wolf (Chapel)

TUESDAY

To join the shiur WhatsApp group, scan the QR code with your phone camera



- 8:00 AM — Chumash & Torah Temimah w/ Rabbi Yossi Jankovits
- 8:45 AM Shacharit — Talmud w/ Rabbi Weinstock.
- 11:00 AM — Navi w/ Lisa Baratz (Chapel or Zoom: yih.org/zoom/lisa) - on summer break
- 7:00 PM — Mishna Berurah: Hilchot Tefilah w/ Rabbi Yossi Jankovits
- 7:00 PM — Beginners' Gemara w/ Rabbi Michael Katz (Beit Midrash)
- 8:15 PM — Semichas Chaver Program w/ Rabbi Soshtain (Beit Midrash)

WEDNESDAY

- 8:30 PM - Mishna Berurah Shiur starting with Hilchot Shabbat w/ Rabbi Claman (Beit Midrash) Followed by 9:15 PM Maariv

THURSDAY

- 8:00 AM — Hilchot Ribbit w/ Rabbi Jankovits (Beit Midrash)
- 8:40 PM — Torah On Tap: Gemara + Cholent & Kugel (Beit Midrash w/ Rabbi Soshtain)

DAILY

- 5:15 AM (Mon-Fri) — Daf Yomi w/ Rabbi Yossi Jankovits (Beit Midrash)
- 6:00 AM (Mon-Fri) — Chavruta w/ Rabbi Yossi Jankovits: Sanhedrin, Rashi, Mishna Berurah, Duties of the Heart (Beit Midrash)
- 7:30-8:00 AM (Mon-Fri) — Meschata Yuma w/ Rabbi Claman (Chapel)
- After Shacharit (Mon-Fri) — Shulchan Aruch Yomi w/ Rabbi Berdugo (5950)
- 45 min before Plag Mincha — Daf Yomi w/ Rabbi Jankovits (Beit Midrash)



Additional Halachic Resource for Women
Our recent Scholar in Residence, Sarit Anstandig, has received specialized training to provide guidance on questions related to Taharat Hamishpacha, women's health, and other areas of halacha that uniquely impact women.
Sarit may be contacted via call, text, or WhatsApp at: (201) 951-5881
All inquiries will be handled with the utmost sensitivity and discretion.

JEWISH COMMUNITY CELEBRATION

SUNDAY | AUGUST 23 | 1:40 PM

TICKET PACKAGE INCLUDES EXCLUSIVE JERSEY (Shown above)

Outfield Lower Section: \$26
Baseline Lower section: \$28
Behind Home Plate: \$45

Purchase tickets at: yih.org/marlins

YIH Daily Minyan Schedule:

Shacharit

- | | |
|--|--|
| <u>Sunday</u> | <u>Monday & Thursday</u> |
| • Sanctuary: 7:15 AM 8:00 AM 9:00 AM | • Sanctuary: 6:15 AM 7:15 AM 8:00 AM |
| • Beit Midrash: 6:45 AM 8:30 AM | • Beit Midrash: 6:45 AM 9:00 AM |
| • Sephardic (5950): 8:30 AM | • Sephardic (5950): 6:45 AM |

Wednesday (Rosh Chodesh)

- | | |
|--|--|
| • Sanctuary: 6:00 AM 7:00 AM 8:00 AM | • Sanctuary: 6:15 AM 7:30 AM 8:00 AM |
| • Beit Midrash: 6:30 AM 9:00 AM | • Beit Midrash: 7:00 AM 9:00 AM |
| • Sephardic (5950): 6:40 AM | • Sephardic (5950): 6:45 AM |

Mincha / Maariv

- | | |
|-------------------------------------|--------------------------------------|
| <u>(Sunday - Thursday)</u> | <u>Friday</u> |
| • Plag Mincha (Sanctuary): 6:40 PM | • Sephardic (5950): 7:00 PM |
| • Sephardic (5950): 6:40 PM | • Sanctuary: 7:00 PM |
| • Z'man Mincha (Sanctuary): 8:00 PM | • Candle Lighting: Earliest: 6:50 PM |
| • Late Maariv (B.M.): 9:15 PM | • Zman: 7:56 PM |
| | • Kabbalat Shabbat (B.M.): 6:50 PM |
| | • Beit Midrash: 8:00 PM |

Please consider making a donation to the minyan you attend





SAFETY & SECURITY

YOUR SAFETY IS OUR PRIORITY. PLEASE HELP US KEEP OUR COMMUNITY SECURE AND RESPECTFUL

See Something? Say Something!

- Snap a photo of any suspicious car, person, or activity.
- Speak directly with a Rabbi, Minyan Captain, our Security Director, or the Police Officer.

Crosswalk Safety

- Do NOT turn left on red onto SW 33rd Ave from Stirling Rd. This is illegal and puts pedestrians at risk.
- A Hollywood Police Officer will be assisting pedestrians during these times:

Friday: 6:30 PM – 9:30 PM

Shabbat: 6:45 AM – 12:30 PM & 6:30 PM – 9:30 PM

First Aid & Emergency Equipment

- AEDs, wheelchairs, oxygen tanks, and reflective belts are located in the closet next to the Social Hall.
- Additional wheelchairs and rain ponchos are available in the women's bathroom closet.

Join Our Security Team

- Volunteers are needed to support security during services and events.

Contact: Avinoam Agame at agame@yih.org.



YOUNG ISRAEL OF HOLLYWOOD - FT. LAUDERDALE

SISTERHOOD BOOK CLUB

SAVE THE DATES

8:00 PM - LOCATIONS TBA



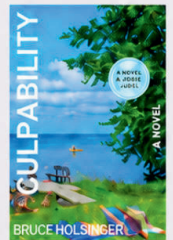
Fagin The Thief
Allison Epstein
Meira Hakimi
October 19



The Nature of Fragile Things
Susan Meissner
Shira Claman
November 16



Strangers
Belle Burden
Dina Roth
December 14



Culpability
Bruce Holsinger
Bette Hochberger
January 11



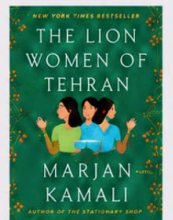
The Correspondent
Virginia Evans
Sharon Glueck
February 15



Lady Tan's Circle of Women
Lisa See
Sara Glueck
March 15



The Wedding People
Alison Espach
Eva Rosner
April 12



The Lion Women of Tehran
Marjan Kamali
Lynda Levin
May 17

Please consider a donation to the Book Club to help defray the costs of purchasing books for circulation. Donations can be made at: <https://www.yih.org/bookclub>



YIH & COMMUNITY INFORMATION:

YIH Yizkor Book

We are pleased to announce the publication of the 22nd edition of our Young Israel of Hollywood-Fort Lauderdale Yizkor Book for the coming year. Please visit yih.org/yizkorbook for information.

Take the Sephardic Community Demographic Survey

Help shape the future of the Sephardic community. This important survey, commissioned by the Sephardic Jewish Brotherhood of America, takes less than 10 minutes and will help guide future programs, funding, and advocacy. The first 120 participants will receive a free \$10 Amazon gift card. All responses are anonymous. Go to sephardicbrotherhood.com/survey to take the survey.

Register to Vote NOW. Keep Florida Safe and Strong.

Your vote in the August 18 primary is critical. Register to vote or update your party affiliation by July 20, request a vote-by-mail ballot by August 6, and make your plan to vote early or on Election Day (Tuesday, August 18). Visit RegisterToVoteFlorida.gov to register.

Gemach Matchmaker

Have items you no longer need? Gemach Matchmaker helps place them with another Jewish family who can use them. Clothing • Shoes • Furniture • Baby Gear • Toys & More. Free Pickup Service. Nothing is resold— items go directly to those in need. Orit Sabo: 917-359-5818

YOUTH:

SHABBAT MORNING PROGRAMS:

MOMMY (OR DADDY) & ME PROGRAM:

Please note that there will be no youth programming this week.

Programs Resume:

Mommy & Me: July 18 & 25

Junior Congregation: August 15

Teen Minyan: August 15

July Youth Groups are pending based on substitute youth leader availability. If groups are not held in July, they will resume on August 8.

Incoming 7th–9th graders: Interested in being a substitute group leader this July? Please contact the Youth Department. youth@yih.org